

Individual Spiritual Direction

Spiritual direction, often referred to as spiritual companioning, is the practice of being with a person who wants to deepen their relationship with God or to learn and grow in personal spirituality in their prayer life and everyday living.

The director is a guide and confidant who can be helpful as the seeker opens more fully to the action of God's spirit. These sessions are one-on-one with a trained spiritual director and by appointment only.

Cost: \$45 per hour



Prayer Groups

In addition to our current programming, we will be forming two prayer groups: Mindfulness and *Lectio Divina*. If you are interested in joining either of these groups, please contact Sister Mary Bernadette Kapfer at maryville@feliciansisters.org.

Adoration

Join us for adoration of the Blessed Sacrament every Thursday afternoon in our beautiful chapel. Drop in anytime from 2-4 PM. There will be time for silent prayer, the Divine Mercy Chaplet (3 PM) and Evening Prayer (4 PM). What the world needs now is sweet prayer and more prayer.

Dates: Designated Thursdays (Oct. 1, 8, 22, 29; Nov. 5, 12, 19; Dec. 3, 10);

Time: 2-4 PM; **Location:** Maryville Retreat Center Chapel

Maryville Retreat Center

Overlooking beautiful Lake Elliot, the Maryville Retreat Center in Holly, Michigan, provides a uniquely peaceful, pastoral setting.

Directed and sponsored by the Felician Sisters of North America, the 240-acre campus is enjoyed by a variety of organizations and groups who hold annual conferences, company workshops and private and group retreats.

To inquire about using the Maryville Retreat Center or to register for one of these programs, contact:

Sister Mary Catherine Ryzewicz, CSSF
maryville@feliciansisters.org
248-634-5566

or register online by visiting our website:

www.maryvilleretreatcenter.org

Experience God's PEACE at



MARYVILLE *Retreat Center*

18307 Taylor Lake Rd, Holly, MI 48442

Step Away

from the chaos of the world

Experience God's Presence

in the beauty of nature

Find God in Prayer

before the Blessed Sacrament
or sit in the quiet and

Let God Find You

*You are invited to join us at Maryville Retreat Center
for a variety of programs that are open to the public.*

Catholicism DVD Series

Travel with acclaimed author, speaker and theologian Bishop Robert Barron to more than 50 locations throughout 15 countries. The Catholicism Adult Study Program presents the strong, ecclesial dimension of the Catholic Faith: God's revelation through Jesus Christ and His Church.

Featured on PBS, this series explores the art, architecture, literature, music and all the riches of the Catholic tradition. See the splendor of the global Church as Fr. Barron takes us to the sacred lands of Israel, the shrines of Italy, France and Spain, the streets of India, Mexico, Uganda, Poland and the United States.

Dates: Every first Tuesday of the month, beginning Oct. 6; **Time:** 10-11:30 AM or 7-8:30 PM; **Location:** San Damiano Center
Cost: Free Will Offering

Meet & Greet the Saints Luncheon Series

Everyone has heroes in their lives, including the Catholic Church – we call them Saints! Some are well known, and some are not. Join us for lunch as we learn about some of these dynamic heroes of the faith. You never know who may show up.

Dates: Every second Tuesday of the month, beginning on Oct. 13; **Time:** 11:30 AM -1:30 PM; **Location:** Maryville Retreat Center Dining Room; **Cost:** \$25

Coffee Break with Jesus

Do you want to explore new ways to pray? Prayer can take many forms. Join us for coffee as we learn about and practice different ways a person can pray. You may discover a new way to pray that is a perfect fit for you.

Dates: Every third Tuesday of the month, beginning Oct. 20; **Time:** 10-11:30 AM
Location: San Damiano Center; **Cost:** Free Will Offering

Mindfulness Retreat Day

Sister Judith Blizzard is back for a wonderful day of learning to be aware of God in your everyday life. Participants will learn about the practice and benefits of mindfulness meditation as prayer. We will use breathing and quiet reflection to achieve a consciousness and awareness of the present moment, providing an opportunity for the Spirit to work within us.

Date: Tuesday, Nov. 17; **Time:** 9 AM-3 PM
Location: Maryville Retreat Center
Cost: \$50



Taize Prayer Experience

Spend an hour with us, sharing in prayer, beautiful music, silent time for reflection and Scripture readings. Songs are sung many times over as a prayer of the heart. Join us for this inspiring prayerful experience.

Dates: Every fourth Tuesday of the month, beginning Oct. 27; **Time:** 7-8 PM
Location: Maryville Retreat Center Chapel

Catholic Spiritual Book Club

Join us as we unpack the spiritual nuggets found in the wonderful book, *Beautiful Hope* by Matthew Kelly. Copies of the text will be available for purchase at the first meeting. No reading is required prior to the first meeting.

Dates: Thursdays in Oct. and Nov. (Oct. 1, 8, 22, 29; Nov. 5, 12, 19); **Time:** 10-11:30 AM or 7-8:30 PM; **Location:** San Damiano Center; **Cost:** \$5 for the book